



Wild Hearts Therapeutic Equestrian Program

www.wildheartstherapeutic.org ♥ 978.578.4438 ♥ Mailing Address: 150 West Street, West Bridgewater, MA 02379

Therapeutic Riding Serving the South Shore Area of Massachusetts

Our Mission

To enrich the lives of our participants and all who work with us through equine assisted activities and therapy.

Equine Assisted Activities are helpful to a wide range of disabilities such as, but definitely not limited to:

- Autism
- Muscular Dystrophy
- Cerebral Palsy
- Visual & Hearing Impairments
- Down Syndrome
- Cardiovascular accident/Stroke
- Mental Retardation
- Spina Bifida
- Emotional Disabilities
- Depression
- Post Traumatic Stress Disorder
- Brain/Spinal Cord Injuries
- Amputations
- Learning Disabilities
- Attention Deficit Disorder



***Therapeutic Riding for children
and adults ages 4 to 84!***

Call 978.578.4438 for more information

Why Therapeutic Riding?

♥ ***Physical Benefits***

- Improves muscle tone, balance, posture, coordination, and motor development
- Sensory integration
- Stimulates the cardiovascular system

♥ ***Psychological Benefits***

- Builds self-esteem & confidence
- Develops feelings of self-reliance, control and accomplishment

♥ ***Social Benefits***

- Develops meaningful relationships with volunteers and a strong bond with the horse
- Channels aggressive or hyperactive behavior into a constructive activity

♥ ***Educational Benefits***

- Increases ability to listen and follow directions
- Improves memory utilization
- Develops sequencing abilities



***Wild Hearts Therapeutic Equestrian Program is a
NARHA Member Center. We adhere to NARHA's
rules, guidelines, safety standards and procedures.***